



VIOLA – Free From Violence is a regional unit, which offers outpatient services for people encountering violence in their close relationships. Our services include

- counseling
- individual and group therapy for children, women and men.

We also aim to strengthen the regional cooperation, collaboration and coordination for the purpose of preventing and eliminating violence in close relationships. We thus offer consultation and supervision to authorities and constantly develop new effective methods suitable for use in our field.

VIOLA is a member association of the **Federation of Mother and Child Homes and Shelters in Finland**.

Contact information

Viola's office

Tel. (015) 365 330

E-mail: [viola\(at\)viola-vakivallastavapaaksi.fi](mailto:viola@viola-vakivallastavapaaksi.fi)

Address: Hallituskatu 5 (4th floor), 50100 MIKKELI

Sirkku Mehtola (works mainly with women)

Tel. 044 529 0088

E-mail: [sirkku.mehtola\(at\)viola-vakivallastavapaaksi.fi](mailto:sirkku.mehtola@viola-vakivallastavapaaksi.fi)

Pia Marttala (works mainly with children and women)

Tel. 044 529 0009

E-mail: [pia.marttala\(at\)viola-vakivallastavapaaksi.fi](mailto:pia.marttala@viola-vakivallastavapaaksi.fi)

Kari Hallikainen (works mainly with men)

Tel. 044 529 3247

E-mail: [kari.hallikainen\(at\)viola-vakivallastavapaaksi.fi](mailto:kari.hallikainen@viola-vakivallastavapaaksi.fi)

